Right out of Marina

L @ T (traffic lights) onto B5008

2nd exit @ rbt then immediately take;

1st exit @ rbt onto Repton Road. Sp Repton B5008

1st exit @ rbt in REPTON, Brook End becomes Milton Rd

On entering MILTON, 1st L sp Foremark/Ingleby

Pass Foremarke Hall on RHS

L @ X sp Ingleby/Swarkestone

Pass John Thompson pub on LHS

Take 2nd R turn sp Stanton – rough road on bend entering STANTON

Pass Stanton church on RHS

R @ T onto A514, continue on to B587

Turn L at bend, sp Kings Newton/Islay Walton – Main St

2nd exit at rbt, sp Islay Walton. Hardinge Arms on RHS. KINGS NEWTON

L @ T sp Islay Walton. Melbourne Rd

1st R after Park Farmhouse Hotel, sp Wilson. Slade Ln.

Enter WILSON. L @ grass triangle sp Breedon

R @ T sp Ashby, enter BREEDON. Three Horseshoes on LHS

Next L, sp Worthinton/Newbold

L @ X in WORTHINGTON, sp Griffydam

L after Maltshovel Inn, sp Griffydam. Bull Hill

L @ T sp Breedon/Diseworth. (rd called Top Brand!)

3rd exit at rbt. Sp Belton/Diseworth – rough surface on approach to rbt

L @ T sp Diseworth

R @ T sp Long Whatton, enter DISEWORTH

Follow The Green, cross over A42 and under M1

Pass through LONG WHATTON,

L @ T sp Hathern B5324, Whatton Rd

L @ T onto A6, immediate R onto A6006 (use cyclepath and traffic lights at these junctions). Go through ZOUCH

1st L sp Sutton Bonington (University Campus). Park Ln.

Through SUTTON BONINGTON, Main St. Continue onto College Rd.

L @ X onto Station Rd.

L @ T sp Kegworth – bridge over River Soar. Enter KEGWORTH

R @ X sp Long Lane. Cross Kegworth Shooting Grounds

Bear R onto Warren Ln. sp Sawley/Long Eaton, NCR67

L @ T onto B6540 (by Sawley Marina), cross road and use cycle path on other side. Sp Castle Donington

After Pitstop Café bear right onto cycle path then R onto B5010 sp C. Donington

Golden Dragon Restaurant on LHS – cycle path available.

Bridge over R Trent. Continue through SHARDLOW

L just before Dog & Duck sp Aston/Weston

1st exit at mini rbt. Bridge over A50

L @ X (by Post Office) in ASTON. Sp Weston. Weston Rd.

Trough WESTON onto Swarkestone Rd.

L @ T onto A514. Sp Swadlincote.

R on bend just before Crewe & Harpur, A5132. Sp Barrow

Next R onto Lowes Ln. by GC

L @ jct (s/o is no through road), Moor Ln.

R @ T sp Sinfin. L @ Ragley Boat Stop sign – stretch of rough road

L @ T onto Arleston Ln. R @ T. Buckford Ln.

L @ T sp Willington. Enter STENSON

L @ T onto B5008 WILLINGTON

2nd exit @ rbt, 2nd exit at rbt sp Hilton. A5132

On approaching HILTON 2nd exit @ first rbt. 2nd exit @ second rbt

L @ T in HILTON by Old Talbot Inn

R @ T onto Derby Rd

Salt Box café on LHS